



SALT KITCHEN



SCAN to join our mailing list for updates on the latest news and events!

GO SOCIAL!



Salt Kitchen_Guest
KEEPINGITLOCAL

Our food is cooked fresh to order

Food Allergies & Intolerances


Please speak to a member of staff before placing your order.

We cannot guarantee our food is 100% allergen free.

BRUNCH MENU

Mon to Fri - 10 to 12 noon | Sat from 9am to 12 noon


Traditional Ulster Fry

Carnbrooke honey bee pork sausages, potato bread, soda farl, fried free range egg, dry cured bacon, Portobello mushroom, baked beans, mustard cress £13.50
Add hashbrown £2
(optional )


The Works

hash brown, Carnbrooke honey bee pork sausages, dry cured bacon, American cheese, fried free range egg, tomato chilli jam, toasted bagel £12.50
(optional  )


Halloumi & Avocado Eggs Florentine

grilled halloumi, smashed avocado, poached eggs, spinach, chipotle, hollandaise, toasted sour dough £13
(optional )


Belgian Waffles

strawberries, blueberries, dry cured bacon, maple syrup £11
(optional )

Breakfast Tacos

tortillas, chorizo, scrambled egg, guacamole, salsa, melted mozzarella, sriracha, mustard cress £12
(optional )

Eggs Benedict

dry cured bacon, guacamole, poached eggs, hollandaise, English muffin £12
(optional )

Granola & Fresh Berries

Greek yogurt, fresh berries, coconut shavings, almond butter, hot honey £11

KIDS OPTIONS Under 12s Only

Kids breakfast

pork sausage, dry cured bacon, fried free range egg, potato bread, soda bread £8

Kids waffle

bacon with maple syrup or nutella with fresh strawberries £6

PATISSERIE

Scones - plain, fruit, cherry or wheaten with Salt Kitchen jam £3.95

Selection of traybakes from £3.75

SMOOTHIES £4.95

Strawberry Split
strawberry and banana

Big 5
strawberry, mango, kiwi, pineapple

Berry Go Round
strawberry, blackberry, raspberry

Pash 'N' Shoot
mango, pineapple, passionfruit

MATCHA £4.50

HOT OR COLD

Syrup menu
vanilla, blueberry, raspberry, strawberry

Milk menu
dairy, almond, coconut, oat

COFFEE SELECTION

Filter £3.35	Americano £3.55
Latte £3.95	Espresso £3.35
Cappuccino £3.95	Mocha £3.95
Flat White £3.95	

Milk Menu
Almond, Coconut, Oat - Add £1

TEA SELECTION from SD Bells

Earl Grey ... black China tea with oil of Bergamot £3

Green Tea ... refreshing and high in antioxidants £3

Chamomile ... caffeine free soothing & medicinal £3

Red Berry ... light & refreshing caffeine-free infusion £3

Peppermint ... refreshing herbal remedy £3

Decaffeinated ... full flavoured blend of black tea £2.70

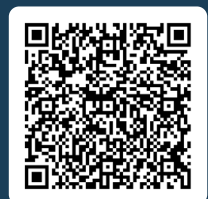
Breakfast ... award winning full flavoured & strong £2.70

Check out our Retail Deli section

#keepingitlocal #supportinglocalsuppliers



SALT KITCHEN



SCAN to join our mailing list for updates on the latest news and events!

GO SOCIAL!



Salt Kitchen_Guest
KEEPINGITLOCAL

Our food is cooked
fresh to order

TO SHARE

Sharing Platter

salt & chilli chicken wings, Korean bbq ribs, cheesy garlic bread, corn on cob, orzo pasta, coleslaw £40

Trio of dips with

flatbreads (V) (optional GF) chilli & basil hummus, basil pesto, Burren Balsamics roast onion infused balsamic vinegar £16.50

STARTERS

Today's freshly prepared soup (V) (optional GF)

bread, butter £6.50

Crispy halloumi fries (V)

mango chutney, mint yogurt £8.50

Salt & chilli chicken wings (GF)

herbs, ranch dressing, cress £8.50

Crunchy nachos (V) (GF)

tortilla chips, luxury cheese sauce, guacamole, sour cream, jalapeño, salsa £10
add BBQ Korean pulled pork £2.50
add chilli mince £2.50

Heirloom tomato bruschetta (V) (optional GF)

toasted sourdough, heirloom tomato, basil pesto, extra virgin olive oil £10

Smoked haddock fishcake

spring onion & cheese, tartar sauce, dressed leaves £11

Salt & chilli chicken

kimchi slaw, tangy mayo £12

PIZZA

Hawaiian

pineapple, Belfast baked ham, melted mozzarella, San Marzano tomato £17

Pepperoni

margherita with pepperoni, hot honey sauce £17

Margherita (V)

San Marzano tomato, buffalo mozzarella, parmesan, extra virgin olive oil £17

All include choice of side

Add a choice of dips £1.50 each: garlic mayo, hot sauce, chic sauce, parmesan, Korean barbeque

FLATBREADS

Steak Flatbread

fillet steak, Greek yogurt, duo grain, rocket, chimichurri, red chilli, spring onion, pomegranate £20

Bang Bang Chicken

crispy coated chicken, gem lettuce, chilli, tangy bang bang mayo, ranch dressing £18

Korean BBQ Pulled Pork

pulled pork, avocado, gem lettuce, kimchi £18

All include a choice of side or soup

BURGERS

The Boulevard

6oz steak burger, grilled bacon, sweet dill mayo, American cheese, iceberg, beef tomato, French fried onion £18

The Royal

6oz steak burger, pickled relish, iceberg, Swiss cheese, streaky bacon, bearnaise £18

The BBQ Bandit

6oz steak burger, slow cooked pork, Korean BBQ, Monterey jack, iceberg, pickle, sriracha, crispy onion's £18

The Italian Job

6oz steak burger, spinach, buffalo mozzarella, sun-dried tomato, roasted red pepper, basil pesto £18

The Cluck & Chuck

6oz steak burger, crispy chicken, melted mozzarella, dynamite sauce, iceberg, beef tomato, pepper sauce £18

The Allotment (V)

plant burger, chargrilled peppers, spinach, Greek yogurt, chilli & basil hummus £18

All burgers served on a brioche bun & choice of side

DESSERTS £7.50

Pavlova, mixed berries, fresh cream (GF)

Chocolate fudge cake, vanilla ice cream (GF)

Lemon posset, shortbread, raspberry sorbet

Cheesecake of the day, fresh fruit, coulis

Strawberry sundae (optional GF)

vanilla ice cream, strawberries, fresh cream, coulis

Chocolate brownie sundae (optional GF)

vanilla ice cream, brownie chunks, fresh cream, toffee sauce

SIDES £5

Fresh local chips
Sweet potato fries
Skin on skinny fries

Buttery mash
French fried onions
Side salad

UPGRADES £5.50

Lattice fries
Truffle & parmesan fries
Garlic fries
Garlic chips

MAINS

Philly cheese steak sandwich

bell peppers, crispy onions, mushrooms, American cheese, rocket, peppercorn cream, garlic ciabatta £20

Hand battered fish

fresh local chips, lemon tartar, mushy peas, curry sauce £20

Chinese style chicken curry

(optional V) (optional GF)
fragrant rice, garlic & coriander naan bread £18

Chicken fajitas

fajita spiced chicken, roast bell peppers, onions, tortillas, guacamole, salsa, sour cream, orzo pasta, choice of side £20

Spice bag loaded fries

crispy chicken, mixed peppers, chic sauce, curry dip £18

Chicken Arrabiata

spiced Italian classic penne pasta
grilled chicken breast, fresh chilli, garlic & cherry tomatoes, garlic slice £19

Salt Bowl (V)

gem lettuce, orzo pasta, roasted red pepper, red onion, spinach, beetroot with honey & balsamic, sundried tomatoes, guacamole, chilli & basil hummus, focaccia croutons £19
add chicken £2.50
add buffalo mozzarella £2.50

All day brunch (optional V) (until 5pm)

Carnbrooke honey bee pork sausages, potato bread, soda farl, fried free range egg, dry cured bacon, Portobello mushroom, baked beans, mustard cress, chips £18

Food Allergies & Intolerances

Please speak to a member of staff before placing your order.
We cannot guarantee our food is 100% allergen free.

Breads containing gluten may be substituted for a gluten free option for an extra 75p

GF Gluten Free V Vegetarian VG Vegan

SOFT DRINKS

Coke, Diet Coke, Coke Zero, Fanta Orange, Sprite (330ml) £3.95	Sparkling Apple (275ml) £4.50
Fanta lemon (200ml) £3.25	Still or Sparkling Water (330ml) £3.50
Troughton's Tonic, Slimline Tonic, Ginger Ale, Soda (200ml) £4.50	Still or Sparkling Water (750ml) £5
Troughton's Sicilian Lemon (330ml) £5	Cordial - orange, blackcurrant, lime dash 50p Jug £3
Troughton's Blush Lemonade (330ml) £5	San Pellegrino lemon, orange (330ml) £4.50
Sparkling Elderflower (275ml) £4.50	Fruit Juice - orange, apple, cranberry, pineapple £3.50

HOT DRINKS

Coffee

Latte £3.95
Cappuccino £3.95
Flat White £3.95
Americano £3.55
Espresso £3.35
Mocha £3.95
Extra shot espresso 95p

Cosy Stuff

Hot Chocolate £4.00
Hot Matcha £4.50
Flavoured syrup - Vanilla, Hazelnut, Caramel 85p

Tea

Breakfast £2.70
Decaf £2.70
Peppermint £3
Green Tea £3
Earl Grey £3
Red Berry £3

Milk Menu

Almond, Coconut, Oat - £1



CIDERS & BEERS

Coors light (330ml) £5.10
Peroni Gluten Free (330ml) £5.10 GF
Peroni 0% (330ml) £5
Asahi (330ml) £5.10
Birra Moretti (330ml) £5.10
Maddens Mellow (330ml) £5.10
Magners (330ml) £5.10
Armagh Cider 0% (330ml) £5.10

Whitewater Brewery

Belfast Lager (440ml) £6.50
Belfast Black (440ml) £6.50
Maggie's Leap (440ml) £6.50

Draught Beer

Guinness £6.50 (1/2 pint £3.50)
Heverlee £6.50 (1/2 pint £3.50)
Peroni £6.50 (1/2 pint £3.50)

COOL STUFF

Milkshakes

Chocolate, Strawberry, Vanilla £4.50

Iced coffees

Iced Latte £3.95
Iced Mocha £3.95
Iced Americano £3.55

Iced Matcha

Vanilla, blueberry, raspberry, strawberry £4.50

Iced Tea £3



WINE LIST

RED

Butchers Block Malbec Argentina

Well balanced with notes of boysenberry & blackberry. Food pairings - steak, venison, lamb & poultry - Btl £35

Talinga Park Shiraz Australia

Bursting with ripe berry fruit, spices and black pepper with a long smooth finish. Food pairings - roast meats, pasta, cheese - Btl £32

Road Trip Merlot

Flavours of intense summer berries and cassis. A pleasant wine with nice acidity and black fruit notes. Food pairings - seafood and cured meats - Btl £32

ROSE

Frocks and Thrills White Zinfandel California

Floral and fresh, packed with summer berries with a well balanced finish. Food pairings - creamy pasta, chicken & pork - Btl £32

West Coast Cooler Rose (250ml) £4.50

West Coast Cooler Original £4.50

PROSECCO

Mionetto Prosecco

Apple, white peach and honey. It is crisp and refreshing with just a hint of sweetness, making it a perfect tipple for raising a toast! - Btl £32 20cl Btl £9.50

WHITE

Nika Tika Chile

An expressive and zesty nose of citrus and lime underpinned with notes of nectarine and passionfruit. Food pairings - seafood, chicken, pork and cheese - Btl £35

Road Trip Pinot Grigio Italy

Balanced with a fruity character of green apple, pear and lemon zest. Food pairings - shellfish, vegetarian and salads - Btl £32

The Marker Chardonnay

A full and ripe wine with tropical notes of banana and pineapple, and lots of vanilla on the palate. Food pairings - seafood, chicken and pork - Btl £32

White

The Marker Pinot Grigio £7.50
The Marker Sauvignon Blanc £7.50

Reds

The Marker Merlot £7.50
The Marker Malbec £7.50

Rose

The Marker White Zinfandel £7.50

COCKTAILS

Martini's

Espresso

Smirnoff vodka, Kahlua, house espresso, vanilla

French

Smirnoff vodka, Chambord, pineapple juice, vanilla

Passionfruit*

Smirnoff vodka, Passoa, passionfruit, pineapple

Mojitos

Mint*

Bacardi white rum, lime, sugar, fresh mint and soda

Raspberry*

Bacardi white rum, Chambord, lime, sugar, fresh mint and soda

Margaritas

Classic

Jose Cuervo tequila, Cointreau, lime

Spicy

Jose Cuervo tequila, Cointreau, lime, tabasco

Favourites

Frozen Strawberry Daiquiri*

Bacardi white rum, lime, strawberry, sugar

Bramble

Gordons dry gin, Creme de mûre, lemon, sugar

Whiskey Sour

Bushmills whiskey, lemon, sugar, egg white, angostura bitters

Amaretto Sour

Disaronno amaretto, lemon, sugar

Pina Colada*

Malibu rum, coconut milk, pineapple

Berry Lemondrop

Smirnoff vodka, Cointreau, strawberry, blueberry, lemon, sprite

Apple Crumble

Symphonia apple rum, Fireball cinnamon whisky, lemon, apple, egg white

ALL £10

*Mocktails available £6.50

SALTKITCHENBANBRIDGE.CO.UK

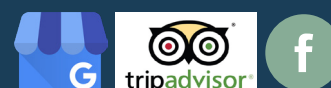
028 4062 6957 PRIVATE PARTIES & OUTSIDE CATERING

We are proud to use only the best local suppliers...

Draynes Farm, Lisburn
Hannan Meats, Moira
Keenan Seafoods, Belfast
SD Bells, Belfast
Carnbrooke Meats, Dromore

Windsor Home Bakery, Banbridge
Armagh Cider Company
Whitewater Brewery, Castlewellan
Grange Farm, Moy
Mourne Eggs, Rathfriland

We appreciate reviews...





SALT KITCHEN



CHILDREN'S MENU

STARTERS

Baby Bowl
£2.50

Soup with
Bread
£3

MAINS

Mozzarella
Pizza &
Skinny Fries
£6.5

Freshly
Battered Fish
Goujons &
Skinny Fries
£7.5

Chicken
Nuggets &
Skinny Fries
£6.5

Steak Burger
& Skinny Fries
£6.5

Sausage, Beans
& Skinny Fries
£6.5

Spaghetti
Bologonese
with garlic
bread
£6.5

Roast of
the Day
£7.5

DESSERTS

Sticky toffee
pudding with
Ice Cream
£3.5

Belgian
Waffles with
Ice Cream
£3.5

Selection of
Ice Cream
£3.5

DRINKS

Orange or
Blackcurrant
Cordial
£1.00

Milk
£1.50

MEAL DEAL!

Main, Dessert & Drink
(£1 supplement for roast
and fish goujons)

£9



Salt Kitchen_Guest
KEEPINGITLOCAL

Our food is cooked fresh to order

Please allow 15mins to reach your table.

Food Allergies & Intolerances

Please speak to a member of staff before placing your order.

We cannot guarantee our food is 100% allergen free.

Breads containing gluten may be substituted for a gluten free option



