



# SALT KITCHEN



Salt Kitchen\_Guest  
KEEPINGITLOCAL

Our food is cooked  
fresh to order

### Food Allergies & Intolerances


Please speak to a member  
of staff before placing your  
order.

We cannot guarantee our  
food is 100% allergen free.


# BRUNCH MENU

Mon to Fri - 10 to 12 noon | Sat from 9am to 12 noon


### Traditional Ulster Fry

pork sausages, grilled tomato, dry  
cured bacon, fried free range egg,  
Portobello mushroom, potato bread,  
soda bread £11  
Add beans £2 | Add Hashbrown £2  
(optional )



### Brioche French toast

maple syrup, dry cured bacon,  
blueberries, mascarpone £11  
(optional )

### Pulled pork eggs benedict

slow cooked pulled pork, English  
muffin, guacamole, poached eggs,  
chorizo hollandaise £12  
(optional )


### Garlic mushrooms on toast

toasted sourdough, spinach, fried free  
range egg, basil pesto £10.50  
 (optional )


### Belgian waffles

crispy chicken, grilled bacon, maple  
syrup £10.50

### Eggs Royale

toasted muffin, smoked salmon,  
guacamole, spinach, poached eggs,  
hollandaise, pistachio crumb £12  
(optional )

### The Works

toasted bagel, hash brown, pork  
sausage, dry cured bacon, American  
cheese, fried free range egg, tomato  
& chilli jam £11  
(optional )

### Buttermilk pancakes

dry cured bacon, maple syrup £9.50

## KIDS OPTIONS

### Kids breakfast

pork sausage, dry cured bacon,  
fried free range egg, potato bread,  
soda bread £7.50

### Kids pancake

dry cured bacon, maple syrup £5.50

## PATISSERIE

**Scones** - plain, fruit, cherry or  
wheaten with Salt Kitchen jam £3.50

Caramel square £3.50

Fifteen £3.50

Bakewell £3.50

Raspberry ruffle £3.50

## SMOOTHIES £4.50

### Blueberry Thrill

banana, blueberry, raspberry,  
flaxseeds

### Strawberry Split

strawberry and banana

### Coco Loco

mango, pineapple, coconut, lime &  
mint

### Big 5

strawberry, mango, kiwi, pineapple

### Berry Go Round

strawberry, blackberry & raspberry

### Pash 'N' Shoot

mango, pineapple, passionfruit  
seedless

## COFFEE SELECTION

Latte £3.50  
Cappuccino £3.50  
Flat White £3.50  
Americano £3.20

Espresso £3  
Macchiato £3.20  
Mocha £3.75

Milk Menu Soya, Almond,  
Coconut, Oat - Add 75p

## TEA SELECTION from SD Bells

**Earl Grey** ... Black China tea with oil  
of Bergamot £2.90

**Green Tea** ... refreshing and high in  
antioxidants £2.90

**Chamomile** ... caffeine free soothing  
& medicinal £2.90

**Peppermint** ... refreshing herbal  
remedy £2.90

**Decaffeinated** ... full flavoured blend  
of black tea £2.60

**Breakfast** ... award winning full  
flavoured & strong £2.60

Check out our Retail Deli section

#keepingitlocal #supportinglocalsuppliers



# SALT KITCHEN



GO SOCIAL!



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## TO SHARE

### Sharing platter

Nduja corn ribs, mozzarella sticks, Korean BBQ wings, goats cheese bruschetta, sticky bang bang chicken, choice of side £35

## STARTERS

**Today's freshly prepared soup** (V) (optional GF) breads, butter £6

### Buffalo wings

Salt Kitchen hot sauce, herbs, ranch dressing £8.50

### Korean BBQ wings

herbs, ranch dressing £8.50

### Crunchy nachos

 (V) (GF)

tortilla chips, melted cheese, guacamole, sour cream, jalapenos, salsa £9  
add pulled pork £2.50  
add chilli mince £2.50

### Corn ribs

 (GF)

deep fried crispy corn, nduja butter £6.50

### Goats cheese bruschetta

(optional GF)  
sourdough bruschetta, sundried tomato, basil pesto, pistachios £11

### Mozzarella sticks

tomato & chilli jam £8.50

### Garlic mushrooms with truffle

 (GF)

champignon mushrooms with garlic butter, parsley, truffle cream, brandy £8.50

## PIZZA

### The Tuscan

(optional V)  
Tuscan sausage, mozzarella, roasted red pepper, basil pesto, cheese flakes £17

### The Hawaiian

(optional V)  
ham, mozzarella, treacle baked pineapple £17

### The Neapolitana

(optional V)  
pancetta, herb roasted potato, mozzarella, chives, garlic oil, cheese flakes £16

*All include choice of side.*

*Add a choice of dips £1.50 each: garlic mayo, truffle mayo, chipotle, blue cheese, hot sauce, chic sauce*

## SANDWICHES

### Hunters chicken

(optional GF)  
roast chicken breast, crispy bacon, melted mozzarella, BBQ sauce £16.50

### The Burrata

(optional GF)  
salty prosciutto, burrata, sweet fig jam, peppery arugula £16.50

### Philly cheesesteak

slow cooked beef, mushrooms, onions, melted mozzarella, crispy onions, truffle mayo, pepper sauce £18

*Choice of side or soup*

## MAINS

### Chilli sticky beef

 (optional GF)

fragrant rice, garlic coriander naan bread £18

### Hannan's 6oz steak sandwich

(optional GF)  
toasted ciabatta, truffle mayo, rocket, tobacco onions, pepper sauce, choice of side £23

### Hand battered fish

fresh local chips, lemon tartare, mushy peas, curry sauce £20

### Battered fish tacos

gem lettuce, coriander, Pico de Gallo, choice of side £17

### Chinese style chicken curry

(optional V) (optional GF)  
fragrant rice, garlic & coriander naan bread £17

### Bang bang chicken

sticky bang bang chicken, Kimchi slaw, lime, tangy mayo, choice of side £17

### Spinach & ricotta tortelloni

 (optional V)

wild mushroom, mascarpone, courgette, cheese flakes, garlic bread £19

### Spice bag loaded fries

crispy chicken, mixed peppers, onions, chic sauce, curry dip £17

### Salt Bowl

gem lettuce, lemon & cumin cous cous, beetroot hummus, roquito peppers, sundried tomatoes, guacamole, focaccia croutons, maple mustard vinaigrette £16

Add chicken £2.50 | Add burrata £2.50

### All day brunch

 (optional V) (until 5pm)

Honeybee sausages, grilled tomato, dry cured bacon, fried free range egg, Portobello mushroom, potato bread, soda bread, chips £16

Add beans £2 | Add Hashbrown £2

## BURGERS

### The Boulevard

Irwin's steak burger, grilled bacon, sweet dill mayo, American cheese, iceberg, beef tomato, French fried onion £16.50

### Katsu chicken burger

twice coated buttermilk chicken, katsu slaw, iceberg, beef tomato £16.50

### Wagyu steak burger

grilled bacon, iceberg, beef tomato, crispy onion, chic sauce £20

### Beef & bird burger

Irwin's steak burger, crispy chicken, melted mozzarella, iceberg, crispy onions, black pepper mayo £18

### Moroccan lamb burger

feta cheese, tzatziki, iceberg, beef tomato £18

### Plant it

 (V) (VG) (optional GF)

spinach & avocado burger, tomato & chilli jam, iceberg, beef tomato, beetroot hummus £17

*All burgers served on brioche bun & choice of side*

## DESSERTS £7.50

Bramley apple & rhubarb crumble, custard (GF)

Jam & coconut sponge, custard

Pavlova, mixed berries & fresh cream (GF)

Chocolate fudge cake, vanilla ice cream (GF)

Chocolate brownie, vanilla ice cream, pistachio crumb

Chocolate chip orange pudding with vanilla ice cream (VG)

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(GF) Gluten Free (V) Vegetarian (VG) Vegan

## SIDES £5

Fresh local chips  
Sweet potato fries  
Skin on skinny fries

Buttery mash  
French fried onions  
Side salad

## UPGRADES £5.50

Truffle & parmesan fries  
Garlic fries  
Garlic chips

## SOFT DRINKS

Coke, Diet Coke, Coke Zero, Fanta orange, Sprite (330ml) £3.90

Fanta lemon (200ml) £3.25

Troughton's Tonic, Ginger Ale, Soda (200ml) £4.50

Troughton's Sicilian Lemon (330ml) £5

Troughton's Blush Lemonade (330ml) £5

Sparkling Elderflower (275ml) £4.50

Sparkling Apple (275ml) £4.50

Still/ Sparkling Water (330ml) £3.50

Still/ Sparkling Water (750ml) £5

Cordial- orange, blackcurrant, lime dash 50p Jug £3

San Pellegrino Lemon, orange (330ml) £4.50

Fruit Juice - orange, apple, cranberry £3.50

## HOT DRINKS

### Coffee

Latte £3.50

Cappuccino £3.50

Flat White £3.50

Americano £3.20

Espresso £3

Macchiato £3.20

Mocha £3.75

### Tea

Breakfast £2.60

Decaf £2.60

Peppermint £2.90

Green Tea £2.90

Earl Grey £2.90

Chamomile £2.90

### Cosy Stuff

Hot chocolate £4

Extra shot espresso 75p

Flavoured syrup 75p

### Milk Menu

Almond, Coconut,

Oat - Add 75p



## CIDERS & BEERS

Maddens Mellow (330ml) £5.50

Magners (330ml) £5

Armagh Cider 0% (330ml) £5

### Whitewater Brewery

Belfast Lager (440ml) £6.50

Belfast Black (440ml) £6.50

Maggie's Leap (440ml) £6.50

Coors light (330ml) £5

Peroni (330ml) £5

Peroni 0% (330ml) £5

Asahi (330ml) £5

Birra Moretti (330ml) £5

## COOL STUFF

### Milkshakes

Chocolate,

Strawberry, Vanilla

£4.50

### Ice coffees

Vanilla, Caramel,

Hazelnut £4.50



## WINE LIST

### WHITE

#### The Horologist Sauvignon Blanc New Zealand

fresh and crisp with aromas of lemons, lime, gooseberry and a clean fruity finish.

Food pairings - seafood, chicken, pork & cheese  
125ml £6.50 175ml £7.50 Btl £35

#### Road Trip Pinot Grigio Italy

balanced with a fruity character of green apple, pear and lemon zest

Food pairings - shellfish, vegetarian and salad  
125ml £6 175ml £7 Btl £32

### RED

#### Butchers Block Malbec Argentina

well balanced with notes of boysenberry & blackberry.

Food pairings - steak, venison, lamb & poultry  
125ml £6.50 175ml £7.50 Btl £35

#### Talinga Park Shiraz Australia

bursting with ripe berry fruit, spices and black pepper with a long smooth finish

Food pairings - roast meats, pasta, cheese  
125ml £6 175ml £7 Btl £32

### ROSE

#### Frocks and Thrills White Zinfandel California

floral and fresh, packed with summer berries with a well balanced finish

Food pairings - creamy pasta, chicken & pork  
125ml £6 175ml £7 Btl £32

#### West Coast Cooler Rose

250ml £4.50

### PROSECCO

#### Mionetto Prosecco

apple, white peach and honey. It is crisp and refreshing with just a hint of sweetness, making it a perfect tittle for raising a toast!

Btl £30 20cl Btl £9.50

## COCKTAILS

### Martini's

#### Espresso

Vodka, Tia Maria, house espresso, sugar syrup

#### French

Chambord, vodka, pineapple juice, sugar syrup

#### Passionfruit\*

Vodka, passoa, sugar syrup, passionfruit puree, pineapple juice

### Mojitos

#### Mint\*

Rum, fresh lime, mint, soda, sugar syrup

#### Raspberry\*

Chambord, rum, fresh lime, sugar syrup, raspberry coulis

### Margaritas

#### Classic

Tequila, Cointreau, lime juice

#### Spicy

Tequila, Cointreau, lime juice, tabasco, chilli flakes

### Favourites

#### Strawberry Daiquiri\*

Rum, lime juice, strawberries, sugar syrup

#### Bramble

Chambord, gin, fresh lemon juice, sugar syrup, berries

#### Whiskey Sour

Bushmills whiskey, lemon juice, sugar syrup, egg white, angostura bitters

#### Apple Crumble

Cinnamon Whiskey, Symphonia Apple Rum, lemon juice, egg white, apple juice

#### Pina Colada\*

Coconut rum, coconut milk, sugar, lemon, pineapple juice

#### Tequila Sunrise

Tequila, Cointreau, orange juice, lemon, grenadine

£9

\*Mocktails available £6

SALTKITCHENBANBRIDGE.CO.UK

028 4062 6957

PRIVATE PARTIES  
& OUTSIDE CATERING

We are proud to use only the best local suppliers...

Draynes Farm, Lisburn

Hannan Meats, Moira

Keenan Seafoods Belfast

SD Bells, Belfast

Carnbrooke Meats, Dromore

Irwin's Butchers, Banbridge

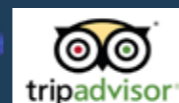
Armagh Cider Company

Whitewater Brewery, Castlewellan

Grange Farm Moy

Mourne Eggs Rathfriland

We appreciate reviews...





# CHILDREN'S MENU

## STARTERS

Baby Bowl  
(optional **GF**)  
£2.50

Soup with  
Bread  
(optional **GF**)  
£3

## MAINS

Mozzarella  
Pizza & Skinny  
Fries  
(optional **GF**)  
£6.5

Freshly  
Battered Fish  
Goujons &  
Skinny Fries  
£7.5

Chicken  
Nuggets &  
Skinny Fries  
£6.5

Steak Burger &  
Skinny Fries  
(optional **GF**)  
£6.5

Sausage, Beans  
& Skinny Fries  
£6.5

Spaghetti  
Bolognese  
with garlic  
bread  
£6.5

Roast of the  
Day  
(optional **GF**)  
£7.5

## DESSERTS

Sticky toffee  
pudding with  
Ice Cream  
£3.5

Belgian  
Waffles with  
Ice Cream  
£3.5

Selection of  
Ice Cream  
£3.5

## DRINKS

Orange or  
Blackcurrant  
Cordial  
£1.00

Milk  
£1.50

**GF** Optional Gluten Free

# MEAL DEAL!

Main, Dessert & Drink  
(£1 supplement for roast  
and fish goujons) **£9**



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