



SALT KITCHEN



Salt Kitchen_Guest
KEEPINGITLOCAL

Our food is cooked
fresh to order

Food Allergies & Intolerances

Please speak to a member
of staff before placing your
order.

We cannot guarantee our
food is 100% allergen free.

BRUNCH MENU

Mon to Fri - 10 to 12 noon | Sat from 9am to 12 noon

Traditional Ulster Fry

pork sausages, grilled tomato, dry
cured bacon, fried free range egg,
Portobello mushroom, potato bread,
soda bread £11
Add beans £2 | Add Hashbrown £2
(optional **V**)

Brioche French toast

maple syrup, dry cured bacon,
blueberries, mascarpone £11
(optional **V**)

Pulled pork eggs benedict

slow cooked pulled pork, English
muffin, guacamole, poached eggs,
chorizo hollandaise £12
(optional **GF**)

Garlic mushrooms on toast

toasted sourdough, spinach, fried free
range egg, basil pesto £10.50
V (optional **GF**)

Belgian waffles

crispy chicken, grilled bacon, maple
syrup £10.50

Eggs Royale

toasted muffin, smoked salmon,
guacamole, spinach, poached eggs,
hollandaise, pistachio crumb £12
(optional **GF**)

The Works

toasted bagel, hash brown, pork
sausage, dry cured bacon, American
cheese, fried free range egg, tomato
& chilli jam £11
(optional **GF**)

Buttermilk pancakes

dry cured bacon, maple syrup £9.50

KIDS OPTIONS

Kids breakfast

pork sausage, dry cured bacon,
fried free range egg, potato bread,
soda bread £7.50

Kids pancake

dry cured bacon, maple syrup £5.50

PATISSERIE

Scones - plain, fruit, cherry or
wheaten with Salt Kitchen jam £3.50

Caramel square £3.50

Fifteen £3.50

Bakewell £3.50

Raspberry ruffle £3.50

SMOOTHIES £4.50

Blueberry Thrill

banana, blueberry, raspberry,
flaxseeds

Strawberry Split

strawberry and banana

Coco Loco

mango, pineapple, coconut, lime &
mint

Big 5

strawberry, mango, kiwi, pineapple

Berry Go Round

strawberry, blackberry & raspberry

Pash 'N' Shoot

mango, pineapple, passionfruit
seedless

COFFEE SELECTION

Latte £3.50
Cappuccino £3.50
Flat White £3.50
Americano £3.20

Espresso £3
Macchiato £3.20
Mocha £3.75

Milk Menu Soya, Almond,
Coconut, Oat - Add 75p

TEA SELECTION from SD Bells

Earl Grey ... Black China tea with oil
of Bergamot £2.90

Green Tea ... refreshing and high in
antioxidants £2.90

Chamomile ... caffeine free soothing
& medicinal £2.90

Peppermint ... refreshing herbal
remedy £2.90

Decaffeinated ... full flavoured blend
of black tea £2.60

Breakfast ... award winning full
flavoured & strong £2.60

Check out our Retail Deli section

#keepingitlocal #supportinglocalsuppliers



SALT KITCHEN



GO SOCIAL!



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TO SHARE

Sharing starter board

(optional GF)
sticky BBQ baby back ribs, crunchy nachos, crispy buffalo wings, corn ribs, cheesy garlic bread, choice of side £35

Sharing platter

duck liver pate, deep fried brie, ham & cheese melt, soup of the day, tomato and chilli jam, caramelised red onion, choice of side £35

SANDWICHES

Pastrami sandwich

shaved pastrami, American mustard, black truffle mayo, gherkins, tobacco onions, rocket £18 (optional GF)

Ham & cheese melt

Belfast ham, melted mozzarella, pickles, English mustard £16 (optional GF)

The Caesar

grilled chicken, crispy bacon, parmesan, baby gem, Caesar dressing, smoked sundried tomato pesto £16 (optional GF)

BBQ pork

slow cooked BBQ pulled pork, rainbow slaw, mozzarella, tobacco onions, ranch dressing £16 (Optional GF) (Optional VG jackfruit)

Choice of side or soup

SALAD

Burrito bowl GF (optional VG)

Mexican rice, corn ribs, pinto beans, roasted red pepper, salsa, guacamole, sour cream, nacho crisps, mozzarella, burnt lime, smoked sundried tomato pesto £16

Add chicken, BBQ pulled pork, chilli mince or Vegan BBQ pulled jackfruit £2.50

STARTERS

Today's freshly prepared

soup (V) (optional GF)
breads, butter £6

Cheesy garlic bread

(optional V) (optional GF)
honey, parmesan cheese, sundried tomato £8

Corn ribs VG GF

crispy corn, Kombu seasoning £6.50

Buffalo wings GF

Salt Kitchen hot sauce, herbs, blue cheese mayo £8.50

BBQ wings GF

smoked BBQ sauce, ranch dressing £8.50

Beetroot & goats cheese tart

(optional V)
sun dried tomatoes, dressed leaves & parmesan salad £11

Crunchy nachos V GF

tortilla chips, melted cheese, guacamole, sour cream, jalapenos, salsa £8.50
add pulled pork £2.50
add chilli mince £2.50

Panko breaded brie V

tomato & chilli jam, dressed leaves £9

TACOS

Vegetarian taco (optional VG)

Mexican rice, corn, pinto beans, salsa, guacamole, sour cream, smoked sundried tomato pesto, £16

Add BBQ pulled Pork, BBQ pulled jackfruit, chilli mince £2.50

Salted chilli chicken taco

rainbow slaw, peanut dressing, crispy onions, lime, sweet chilli mayo £16

Squid taco

pico de gallo, iceberg, chipotle mayo, coriander, chilli, lime £17

All include choice of side.

PIZZA

The Neapolitan

(optional V)
passata, melted mozzarella, parmesan, fresh basil £16

The Hawaiian

passata, melted mozzarella, Belfast ham, pineapple £16.50

The Fajita

passata, grilled fajita spiced chicken, bell peppers, melted mozzarella, red onion, salsa, guacamole, sour cream £16.50 (optional V)

BURGERS

The Boulevard

Irwin's steak burger, grilled bacon, sweet dill mayo, American cheese, iceberg, beef tomato, French fried onion £16 (optional GF)

Krispie fried chicken

Rice Krispie fried chicken, buffalo hot sauce, ranch pickle slaw, iceberg £16

Smokey Joe

Irwin's steak burger, smoked BBQ pulled pork, tobacco onions, smoked applewood cheese, iceberg £16.50 (optional GF)

Portobello VG

panko crusted mushroom, beef tomato, melted applewood, iceberg, caramelised onion, ranch £16

Beef & bird

Irwin's steak burger, rooster fried chicken, American cheese, chipotle mayo, tobacco onions, peppered sauce £18

Umami

Irwin's steak burger, peanut butter mayo, bacon & tomato chilli jam, gherkins, iceberg £16 (optional GF)

All burgers include choice of side.

MAINS

Chilli & basil rigatoni

(optional V)
nduja sausage, smoked pesto, courgettes, mascarpone, parmesan £16
Add chicken £2.50

Leek & butternut squash risotto (optional VG) GF

parsnip crisps, crushed walnuts, parmesan £16

Hannan's 6oz steak sandwich (optional GF)

toasted ciabatta truffle mayo, rocket, tobacco onions, pepper sauce, choice of side £23

Thai red chicken curry

(optional GF) lemongrass, chilli, ginger, fragrant rice, garlic & coriander naan bread £16.50

Spicy rooster chicken stack

spring onion & bacon champ, tobacco onions, pepper sauce £18

Salt & chilli chicken

Asian slaw, peanut dressing, sweet chilli mayo £16.50

Hand battered fish

fresh local chips, lemon tartare, mushy peas, curry sauce £20

All day brunch (until 5pm)

Honeybee sausages, grilled tomato, dry cured bacon, fried free range egg, Portobello mushroom, potato bread, soda bread, chips £16 (optional V)

SIDES £5

Fresh local chips
Sweet potato fries
Skin on skinny fries

Buttery mash
French fried onions
Side salad

UPGRADES £5.50

Spring onion & bacon champ
Truffle & parmesan fries

Garlic fries
Garlic Chips

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Breads containing gluten may be substituted for a gluten free option for an extra 75p

GF Gluten Free V Vegetarian VG Vegan

DESSERTS £7

Lemon posset, shortbread, blueberry compote

Vegan chocolate orange sponge with vanilla ice cream **VG**

Pineapple & rum upside-down cake, custard & fresh cream

Chocolate fudge cake with vanilla ice cream **GF**

Homemade apple crumble & custard **GF**

Tiramisu

COLD DRINKS

Beers & Ciders

Coors light (330ml) £5
Rockshore (330ml) £5
Maddens Mellow (330ml) £5.50
Magners (330ml) £5

Whitewater Brewery

Belfast Lager (440ml) £6.50
Belfast Black (440ml) £6.50
Maggie's Leap (440ml) £6.50

Draught

Whitewater Brewery Belfast Lager Pint £6.50 Half Pint £4

COOL STUFF

Ask server for details

Milkshakes

Chocolate, Strawberry, Vanilla £4.50

Ice coffees

Vanilla, Caramel, Hazelnut £4.50



WINE LIST

WHITE

The Horologist Sauvignon Blanc New Zealand

fresh and crisp with aromas of lemons, lime, gooseberry and a clean fruity finish.
Food pairings- seafood, chicken, pork & cheese
125ml £6.50 175ml £7.50 Btl £35

La Deliziosa Pinot Grigio Italy

fresh notes of citrus fruits and pear with light hints of white blossom.
Food pairings- shellfish, vegetarian & salads
125ml £6 175ml £7 Btl £30

RED

Butchers Block Malbec Argentina

well balanced with notes of boysenberry & blackberry.
Food pairings- steak, venison, lamb & poultry
125ml £6 175ml £7 Btl £30

La Batisse Merlot France

rich ripe cassis and raspberry notes with cedar edge.
Food pairings- roast meats, pasta, cheese
125ml £6 175ml £7 Btl £30

ROSE

La Batisse Rose

crisp and dry with candied red-berry fruits.
Food pairings- creamy pasta, chicken & pork
125ml £6 175ml £7 Btl £30

PROSECCO

Mionetto Prosecco

apple, white peach and honey. It is crisp and refreshing with just a hint of sweetness, making it a perfect tippie for raising a toast!
Btl £30 20cl Btl £9.50

COCKTAILS

Martini's

Espresso

Vodka, Tia Maria, house espresso, sugar syrup

French

Chambord, vodka, pineapple juice, egg white

Passionfruit

Vodka, passoa, vanilla syrup, passionfruit puree, egg white

Mojitos

Mint*

Rum, fresh lime, mint, soda, sugar syrup

Raspberry*

Chambord, rum, fresh lime, sugar syrup, raspberry coulis

Daiquiri's

Strawberry*

Rum, lime juice, strawberries, sugar syrup

Passionfruit*

Rum, passoa, passionfruit puree, sugar syrup

Favourites

Bramble

Chambord, gin, fresh lemon juice, sugar syrup

Whiskey Sour

Bushmills whiskey, lemon juice, sugar syrup, egg white, angostura bitters

Cosmopolitan

Vodka, cointreau, cranberry, lemon

Woo Woo

Peach schnapps, vodka, cranberry, lime

£9

*Mocktails available £6

SOFT DRINKS

Coke, Diet Coke, Coke Zero, Fanta orange Fanta lemon, Sprite (200ml) £3.25

Troughton's Tonic, Ginger Ale, Soda (200ml) £4.25

Troughton's Sicilian Lemon (330ml) £5

Troughton's Blush Lemonade (330ml) £5

Sparkling Elderflower (275ml) £4.25

Sparkling Apple (275ml) £4.25

Still/ Sparkling Water (330ml) £3.50

Still/ Sparkling Water (750ml) £5

Cordial- orange, blackcurrant, lime dash 50p Jug £3

San Pellegrino Lemon, orange (330ml) £4.25

Fruit Juice- Orange, apple, cranberry £3.50

HOT DRINKS

Coffee

Latte £3.50	Espresso £3
Cappuccino £3.50	Macchiato £3.20
Flat White £3.50	Mocha £3.75
Americano £3.20	

Tea

Breakfast £2.60	Decaf £2.60
Peppermint £2.90	Green Tea £2.90
Earl Grey £2.90	

Cosy Stuff

Hot chocolate £3.75
Extra shot espresso 75p
Flavoured syrup 75p

Milk Menu Soya,
Almond, Coconut,
Oat - Add 75p



We are proud to use only the best local suppliers...

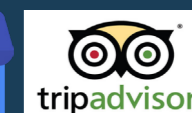
Draynes Farm, Lisburn
Hannan Meats, Moira
Keenan Seafoods Belfast
SD Bells, Belfast

Carnbrooke Meats, Dromore
Irwin's Butchers, Banbridge
Armagh Cider Company
Whitewater Brewery, Castlewellan

SALTKITCHENBANBRIDGE.CO.UK

028 4062 6957 PRIVATE PARTIES & OUTSIDE CATERING

We appreciate reviews...





CHILDREN'S MENU

STARTERS

Baby Bowl
(optional **GF**)
£2.50

Soup with
Bread
(optional **GF**)
£3

MAINS

Mozzarella
Pizza & Skinny
Fries
(optional **GF**)
£6.5

Freshly
Battered Fish
Goujons &
Skinny Fries
£7.5

Chicken
Nuggets &
Skinny Fries
£6.5

Steak Burger &
Skinny Fries
(optional **GF**)
£6.5

Sausage, Beans
& Skinny Fries
£6.5

Spaghetti
Bolognese
with garlic
bread
£6.5

Roast of the
Day
(optional **GF**)
£7.5

DESSERTS

Sticky toffee
pudding with
Ice Cream
£3.5

Belgian
Waffles with
Ice Cream
£3.5

Selection of
Ice Cream
£3.5

DRINKS

Orange or
Blackcurrant
Cordial
£1.00

Milk
£1.50

GF Optional Gluten Free

MEAL DEAL!

Main, Dessert & Drink
(£1 supplement for roast
and fish goujons) **£9**



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